



Reilly Chiropractic, 3032 Commercial Boulevard, Chippewa Falls, WI 54729

Phone (715)723-2892 Fax (715)723-3540

## PATIENT INFORMATION

Name: \_\_\_\_\_ (Age) \_\_\_\_\_ Gender: M F Date: \_\_\_\_\_  
Home Address: \_\_\_\_\_ Home Phone: ( ) \_\_\_\_\_  
City, State, Zip: \_\_\_\_\_ Work Phone: ( ) \_\_\_\_\_  
Email Address: \_\_\_\_\_ Cell Phone: ( ) \_\_\_\_\_  
Birth Date: \_\_\_\_/\_\_\_\_/\_\_\_\_ Social Security #: \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_ Marital Status: S M D W  
Names of Children: \_\_\_\_\_ Ages: \_\_\_\_\_  
Occupation: \_\_\_\_\_ Employer Name: \_\_\_\_\_  
Spouse's Name: \_\_\_\_\_ Work Phone: ( ) \_\_\_\_\_ Cell Phone: ( ) \_\_\_\_\_  
Spouse's Employer: \_\_\_\_\_ Occupation: \_\_\_\_\_  
How were you referred to this office? \_\_\_\_\_

## CHIROPRACTIC EXPERIENCE

Have you seen a chiropractor before?  Yes  No Who? \_\_\_\_\_ When? \_\_\_\_\_  
Reason for visits: \_\_\_\_\_  
How did you respond? \_\_\_\_\_  
How frequently were you seen? \_\_\_\_\_  
Did you receive maintenance or supportive care?  Yes  No  Not Sure if yes @ what Frequency? \_\_\_\_\_  
Did your previous chiropractor take x-rays?  Yes  No  Not Sure  
Are you aware of any of your poor posture habits?  Yes  No  Not Sure  
Explain: \_\_\_\_\_  
Are you aware of any poor posture habits in your spouse or children?  Yes  No  Not Sure  
Explain: \_\_\_\_\_

## GOALS FOR CARE

Indicate **one** of the following statements that apply to you:

- I have a specific health concern. (I want **short term relief only** without a corrective or maintenance program)
- I want to ensure that my health concerns do not become an ongoing problem. (I want **relief and to maintain a pain free state of health**)
- I am interested in learning how to improve my quality of life. (I want **relief and am motivated to correct the problem and change my lifestyle to support and maintain a pain free state of health**)

Are you healthier now than you were 1 year ago?  Yes  No

How/Why? \_\_\_\_\_

Is it your goal to be healthier 1 year from now than you are today?  Yes  No

Do you have a plan on improving your health? \_\_\_\_\_

Have you ever been advised on lifestyle choices for good health?  Yes  No

# HEALTH LIFESTYLE

Do you exercise? Yes No How often? 1X 2X 3X 4X 5X per week other: \_\_\_\_\_

What activities? Running Jogging Weight Training Cycling Yoga Pilates Swimming

Do you smoke? Yes No How much? \_\_\_\_\_

Do you drink alcohol? Yes No How much / week? \_\_\_\_\_

Do you drink coffee or caffeine? Yes No How many cups / day? Or what type? \_\_\_\_\_

Do you take any supplements (i.e. vitamins, minerals, herbs)? \_\_\_\_\_

## REVIEW OF SYSTEMS

### CERVICAL SPINE (NECK):

- |  |  |  |
|--|--|--|
| <input type="checkbox"/> Neck Pain                           | <input type="checkbox"/> Fever               | <input type="checkbox"/> Thyroid conditions  |
| <input type="checkbox"/> Pain into your shoulders/arms/hands | <input type="checkbox"/> Chills              | <input type="checkbox"/> Sinusitis           |
| <input type="checkbox"/> Numbness/tingling in arms/hands     | <input type="checkbox"/> Headaches           | <input type="checkbox"/> Allergies/Hay fever |
| <input type="checkbox"/> Hearing disturbances                | <input type="checkbox"/> Dizziness           | <input type="checkbox"/> Recurrent colds/Flu |
| <input type="checkbox"/> Weakness in grip                    | <input type="checkbox"/> Visual disturbances | <input type="checkbox"/> Low Energy/Fatigue  |
| <input type="checkbox"/> Recent weight loss                  | <input type="checkbox"/> Coldness in hands   | <input type="checkbox"/> TMJ/Pain/Clicking   |

### THORACIC SPINE (UPPER BACK):

- |   |  |   |
|---|--|---|
| <input type="checkbox"/> Heart Palpitations or Arrhythmia     | <input type="checkbox"/> Pain On Deep Inspiration/Expiration | <input type="checkbox"/> Cramping in thighs   |
| <input type="checkbox"/> Heart Murmurs                        | <input type="checkbox"/> Chest pain or pressure              | <input type="checkbox"/> Nervousness, anxiety |
| <input type="checkbox"/> Tachycardia                          | <input type="checkbox"/> Shortness of breath                 | <input type="checkbox"/> Depression           |
| <input type="checkbox"/> Heart Attacks/Angina                 | <input type="checkbox"/> Peripheral edema                    | <input type="checkbox"/> Cancer               |
| <input type="checkbox"/> Recurrent Lung Infections/Bronchitis | <input type="checkbox"/> Blood clots                         |   |
| <input type="checkbox"/> Asthma/Wheezing                      | <input type="checkbox"/> Abnormal bleeding                   |   |
| <input type="checkbox"/> Shortness of Breath                  | <input type="checkbox"/> Bleeding                            |   |
| <input type="checkbox"/> Cough                                | <input type="checkbox"/> Varicose Veins                      |   |

### THORACIC SPINE (MID BACK):

- |  |   |                                   |
|--|---|-----------------------------------|
| <input type="checkbox"/> Mid Back Pain             | <input type="checkbox"/> Tired/Irritable after eating or when you haven't eaten for a while | <input type="checkbox"/> Diabetes |
| <input type="checkbox"/> Pain Into Your Ribs/Chest | <input type="checkbox"/> Rashes   |                                   |
| <input type="checkbox"/> Indigestion/Heartburn     | <input type="checkbox"/> Sores  |                                   |
| <input type="checkbox"/> Reflux or Heartburn       | <input type="checkbox"/> Blisters   |                                   |
| <input type="checkbox"/> Nausea                    | <input type="checkbox"/> Growths  |                                   |
| <input type="checkbox"/> Ulcers/Gastritis          | <input type="checkbox"/> Heat or cold intolerance   |                                   |
| <input type="checkbox"/> Hypoglycemia              | <input type="checkbox"/> Excessive thirst   |                                   |

### LUMBAR SPINE (LOW BACK):

- |  |  |  |
|--|--|--|
| <input type="checkbox"/> Pain into your hips/legs/feet       | <input type="checkbox"/> Bloody stool                                | <input type="checkbox"/> Low back pain |
| <input type="checkbox"/> Numbness/tingling in your legs/feet | <input type="checkbox"/> Weakness/injuries in your hips/knees/ankles |  |
| <input type="checkbox"/> Coldness in your legs/feet          | <input type="checkbox"/> Recurrent bladder infections                |  |
| <input type="checkbox"/> Muscle cramps in your legs/feet     | <input type="checkbox"/> Frequent/difficulty urinating               |  |
| <input type="checkbox"/> Constipation / Diarrhea             | <input type="checkbox"/> Menstrual irregularities/cramping (females) |  |
| <input type="checkbox"/> Abdominal pain                      | <input type="checkbox"/> Sexual dysfunction                          |  |

Please list any health conditions not mentioned: \_\_\_\_\_

Please list any medications currently taking and their purpose: \_\_\_\_\_

Please list all past surgeries: \_\_\_\_\_

Please list all previous accidents and falls: \_\_\_\_\_

## PRIMARY CONCERN FOR THIS VISIT

Reason for this visit – Main Concern: \_\_\_\_\_

Is this concern related to an auto accident / work injury?  Yes  No If so, when: \_\_\_\_\_

When did this condition begin? \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_ Did it begin: Gradual Sudden Progressive over time

What activities aggravate your symptoms? \_\_\_\_\_

Is there anything, which has relieved your symptoms?  Yes  No Describe: \_\_\_\_\_

Type of pain: Sharp Dull Ache Burn Throb Spasm Numb Tingling Shooting

Does the pain radiate into your: \_\_\_Arm \_\_\_Leg \_\_\_Does not radiate Is this condition getting worse?  Yes  No

How often do you experience these symptoms throughout the day?: 100% 75% 50% 25% 10% Only with activity

Does complaint(s) interfere with: \_\_\_Work \_\_\_Sleep \_\_\_Hobbies \_\_\_Daily Routine Explain: \_\_\_\_\_

Have you experienced this condition before?  Yes  No If so, please explain: \_\_\_\_\_

Who have you seen for this? \_\_\_\_\_ What did they do? \_\_\_\_\_

How did you respond? \_\_\_\_\_

## SECONDARY CONCERN FOR THIS VISIT

Reason for this visit – Main Concern: \_\_\_\_\_

Is this concern related to an auto accident / work injury?  Yes  No If so, when: \_\_\_\_\_

When did this condition begin? \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_ Did it begin: Gradual Sudden Progressive over time

What activities aggravate your symptoms? \_\_\_\_\_

Is there anything, which has relieved your symptoms?  Yes  No Describe: \_\_\_\_\_

Type of pain: Sharp Dull Ache Burn Throb Spasm Numb Tingling Shooting

Does the pain radiate into your: \_\_\_Arm \_\_\_Leg \_\_\_Does not radiate Is this condition getting worse?  Yes  No

How often do you experience these symptoms throughout the day?: 100% 75% 50% 25% 10% Only with activity

Does complaint(s) interfere with: \_\_\_Work \_\_\_Sleep \_\_\_Hobbies \_\_\_Daily Routine Explain: \_\_\_\_\_

Have you experienced this condition before?  Yes  No If so, please explain: \_\_\_\_\_

Who have you seen for this? \_\_\_\_\_ What did they do? \_\_\_\_\_

How did you respond? \_\_\_\_\_

## ADDITIONAL NOTES / COMMENTS: (onset, intensity, duration, frequency)

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## Chronic Musculoskeletal Complaints:

- Low back pain
- Mid Back Pain

- Neck Pain
- Pain into hips/legs/feet

- Headaches
- Pain into shoulders/arms/hands